

What is TBI?

Traumatic brain injury is defined as a blow, jolt, or other injury to the head that disrupts the functioning of the brain. A TBI can occur from exposure to blasts, falls, gunshot wounds, motor vehicle accidents and sports. A concussion is a brain injury.

Mild cases of TBI may be followed by temporary symptoms associated with concussion such as headache, dizziness, and memory problems. The symptoms of mild TBI/concussion generally improve in a short period of time.

How do I make an appointment?

If you have suffered a TBI/concussion and have lingering signs and symptoms that **date from the concussion**, you may benefit from evaluation and treatment at the WAMC TBI Clinic. Talk with your PCM if you are unsure about the symptoms you are having and/or you may self refer to the TBI clinic.

Service Members are seen by appointment Monday-Friday, 0730-1630.

The clinic is located in the WAMC Clinic Mall on the 2nd floor close to the All American hospital entrance.

On-line Resources

www.DVBIC.org

www.brainline.org

www.traumaticbraininjuryatoz.org

Defense Center of Excellence (DCoE) for Psychological Health and Traumatic Brain Injury

www.dcoe.health.mil



TBI Clinic and NeuroRehabilitation Center

Womack Army Medical Center
2817 Reilly Road
Fort Bragg, North Carolina
Phone: 910-907-6412
Fax: 910-907-6507

Defense and Veterans Brain Injury Center

Building 4-2102 Longstreet Rd
Fort Bragg, North Carolina
Phone: 910-497-5900
Fax: 910-497-7598
www.dvbic.org
E-mail: DVBIC.FtBragg@amedd.army.mil



Fort Bragg Traumatic Brain Injury Services

Clinical Care • Research • Education



Womack Army Medical Center
TBI Clinic and
Neuro Rehabilitation Center



Defense and Veterans
Brain Injury Center
Fort Bragg, North Carolina



The TBI/NeuroRehabilitation Center located at Womack Army Medical Center (WAMC) provides comprehensive treatment for mild to moderate traumatic brain injury (TBI). Treatment includes medical management of symptoms, vestibular and cognitive rehabilitation such as speech, occupational and physical therapies. The Center also offers neuropsychological testing, patient education through classes and written materials, referral for pain management and chiropractic treatments. RN Case Management and Regional Care Coordination services are available for SMs and their families to help them navigate through military, VA, and civilian systems of care. The Defense and Veterans Brain Injury Center (DVBIC) site at Fort Bragg supports TBI clinical care, research, and education at Fort Bragg.



Your TBI Healthcare Professional Team

Case Managers are Registered Nurses who help to develop individualized care plans, oversee SMs medical treatment and assist to make appointments and referrals.

Education Coordinators plan and organize TBI education and outreach for Health Care Providers, Line leaders, SMs and their families and the military community.

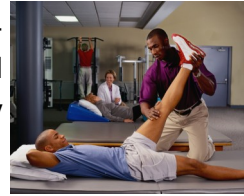
Neurologists are medical doctors who have specialized training to diagnose and treat disorders of the brain, spinal cord, nerves, and muscles.

Neuropsychologists evaluate through testing the nature and extent of impairment following TBI and plan strategies to compensate for the injury.

Nurse Practitioners and Physician Assistants are certified advanced practice clinicians responsible for the medical management and referral of SMs with TBI.

Occupational Therapists help SMs who have sustained a TBI to develop, recover or maintain their ability to perform tasks of daily living.

Physical Therapists evaluate and treat vestibular and balance disorders commonly associated with head injury.



Psychometrists administer and score standardized neuropsychological tests under the direction of a Neuropsychologist.

Regional Care Coordinators are Registered Nurses and/or Social Workers who track and follow up SMs and families as they navigate the care system to ensure the SMs care needs are met.

Speech and Language Pathologists assist SMs who have speech, language, swallowing, voice and cognitive (attention, memory, problem solving) problems to regain optimal communication.

Research Staff organize, implement and monitor study protocols and data collection to further the advancement of TBI research.